

FUSION

CLWB IECHYD A FFITRWYDD • HEALTH AND FITNESS CLUB

Summer 5k Series

7:00pm - 7th June 5th July 9th August - 2012

Enter on-line at www.Enter.Fusion.5k.org.uk

- **Fast & traffic free** course; suitable for Runners, Fun Runners & **Power Walkers & Walkers**
- **Free Meal** to all finishers • **Cash prize** for race winners • **Toilets, free parking** • Refreshments • **Beautiful scenery** and **spectacular views** • **First aid cover**

ENTRIES ARE ACCEPTED ON THE DAY

ENTRY DETAILS **MUST** BE COMPLETED ACCURATELY, CLEARLY AND IN FULL

FIRST NAME:-			SURNAME:-		
ADDRESS 1:-			ADDRESS 2:-		
TOWN / CITY:-		COUNTY:-		POST CODE:-
PHONE:-			Email:-		
GENDER (M or F)	AGE (On day of race)	DOB:-		
CATEGORY MALE (Please circle)	M Senior	M40	M50	M60			
CATEGORY FEMALE (Please circle)	F Senior	F35	F45	F55			
WHICH EVENT ENTERED	JUNE <input type="checkbox"/>	JULY <input type="checkbox"/>	AUGUST <input type="checkbox"/>	PLEASE TICK ONE OR MORE BOX			

Entry Fee - £6 - ON DAY - £7

ADVANCED ENTRY BY FORM - Enter two 5k's - £10 Enter three 5k's - £14

Postal closing date:- **two days before each event.** Cheques made payable to:- **Human Being Active Ltd**

Race numbers to be collected from event headquarters on evening of event

PLEASE ADVISE where race found:-

DECLARATION:- I declare that I will abide by the rules of UK Athletics. I will be 15 years or over on the day of the race . I accept that the organisers will not be responsible for any loss, damage, action claim, costs or expenses which may arise in consequence of participation in this event, however caused. I further declare that you may use my name, voice or picture in any broadcast, telecast, promotion or other account. I consent to the use of my name or records pursuant to the Data Protection Act 1998

Signed:- **Date:-**

Please return entry forms to:- F5K, 64 Pennant Rd, Swiss Valley, Llanelli, Carm. SA14 8EW

Contact:- Tel:- 01554 758036 Email:- enquiries@humanbeingactive.org.uk

www.Fusion.5k.org.uk